



11 DAYS / 10 NIGHTS



How Many “Wows”
Exist Between
Sweden & Norway?

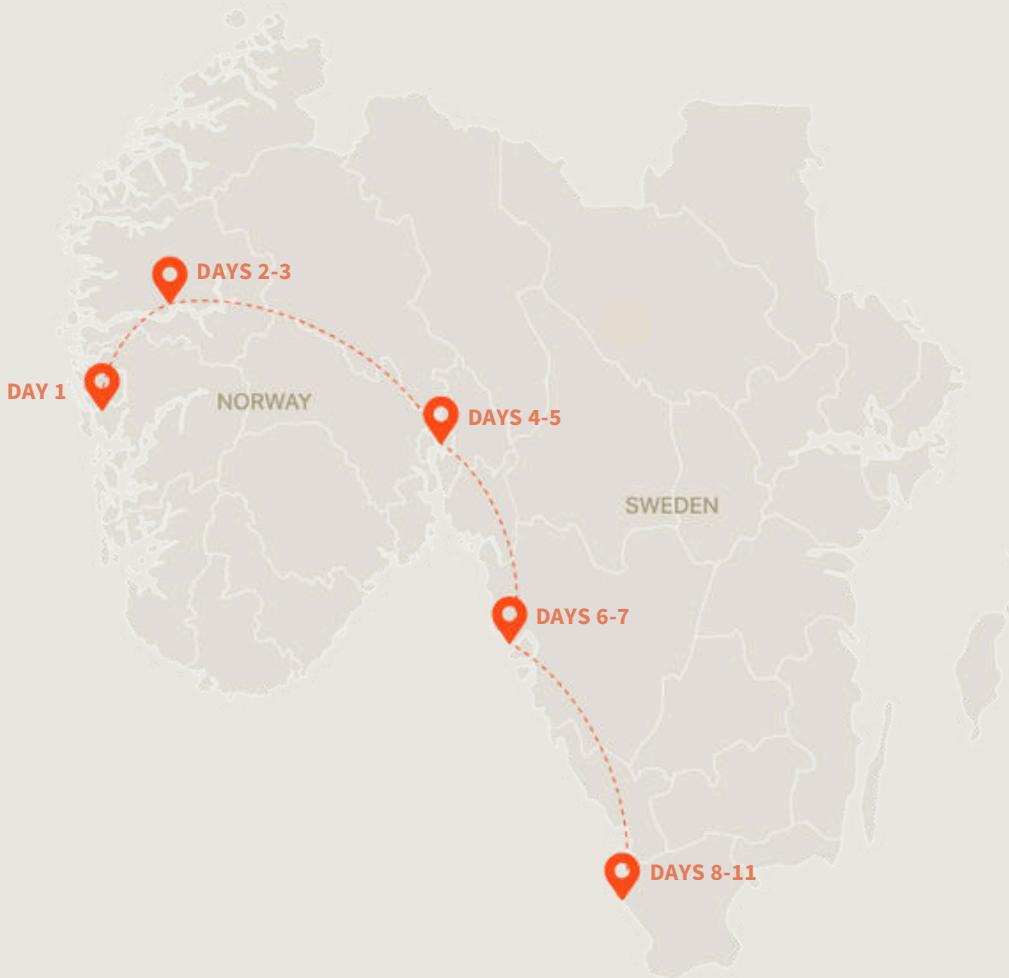
○ BERGEN, BALESTRAND, OSLO, BOHUSLÄN, HELSINGBORG

Fika by the Fjord: Norway & Sweden

SMALL-GROUP TOUR: 14 PEOPLE MAX

JUL, AUG

SILVEROPUS™



The Ideal Swedish-Norwegian Combo

This journey through Norway and Sweden showcases breathtaking fjords, scenic railways, small towns, and peaceful coastlines. Explore medieval Bergen, cruise the Sognefjord, discover Swedish vineyards, and hike panoramic trails. End in Helsingborg with its coastal gems and cultural heritage for an unforgettable Scandinavian adventure filled with authenticity and stunning landscapes.



Tour Focus:
Norwegian Fjords & Local Sweden

THE FINEST SIDE OF AUTHENTIC
800-936-2814 • info@silveropus.com



Journey Overview

This experience is for travelers seeking a balance of must-see spots, hidden gems, local culture, and culinary delights.



Scandinavia unfolds as a realm of striking beauty and forward-thinking people, where expansive forests meet dramatic coastlines and peaceful progress flourishes. With a rich Viking legacy and intriguing folklore, it invites exploration. The Northern Lights dance overhead, revealing a landscape infused with history, community spirit, and a deep connection to nature's raw essence.

Who is guaranteed to love our tours?

- Curious souls seeking real connections
- Small groups of max 14 people
- Travelers craving authenticity over trends
- Explorers looking for adventures later in life
- Vacationers wanting perfect planning without the work

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Journey Itinerary



Bergen: History and Hunger

Day 1: Medieval Mysteries and Modern Bites

You arrive in the historic city of Bergen, excited to begin your journey. After meeting your fellow travelers and the tour director, we set off for a walking tour through Bryggen, a UNESCO World Heritage Site. We start at Bryggens Museum, where you marvel at the medieval artifacts and history. St. Mary's Church and medieval ruins catch your attention before we weave through Bryggen's wooden houses. So colorful! At the end of the day, we gather at Schøtstuene to learn about the Hanseatic merchants. You end the evening with dinner, tasting Bergen's traditional dishes like Fish Soup or Persetorsk, and feel the warm welcome of the city.

- **OVERNIGHT:** HOTEL OPUS XVI
- **MEALS:** DINNER
-  **EXPERIENCES:** BERGEN TOUR, WELCOME DINNER





Sip, Sail, and Dragon-Style Sagas

Day 2: Fjord Dreams: A Cruise to Balestrand

Today, we embark on a breathtaking fjord cruise, gliding through peaceful waters surrounded by towering mountains. You feel a sense of calm as the boat slices through the picturesque landscape. 360 degrees of beauty and tranquility surround us. We reach Balestrand, a quaint village known for its dragon-style architecture and stunning views. The Kviknes Hotel, a historic gem built in 1752, welcomes us with its old-world charm. The owners are there! As we settle in, you admire the hotel's mix of history and modern comforts, and you're eager to explore this magical part of Norway.

- **OVERNIGHT: HOTEL KVIKNES**
- **MEALS: BREAKFAST, DINNER**
- **EXPERIENCES: FJORD CRUISE TO BALESTRAND, BALESTRAND'S SIGHTS AND STORIES**

Day 3: Speed, Cider, and Coastal Magic

The day kicks off with a fast boat ride along the fjords around Balestrand. You feel the wind in your hair and take in the local sights and the aromas of nature. We stop at a charming cider farm, nestled along the Sognefjord. You sip cider, meet farm animals, and soak in the peaceful atmosphere. The return trip is slower, giving us time to admire the dragon-style villas along the shore. It all looks like a beautiful movie unfolding in front of us. As the day winds down, you reflect on the beauty and history of this unique village. Stories and laughter are shared by all.

- **OVERNIGHT: HOTEL KVIKNES**
- **MEALS: BREAKFAST, DINNER**
- **EXPERIENCES: BALESTRAND RIB TOUR, CIDER FARM VISIT & TASTING**





Cool Trains, Big Views, Hip Oslo

Day 4: The Unforgettable Railway to Oslo

After another hearty breakfast, we sail from Balestrand to Flåm, along the fjord. Then, the journey takes a thrilling turn aboard the Flåm Railway. It is steep, and it is gorgeous. A marvel of engineering and one of nature as well. You're in awe as the train winds through valleys, past waterfalls, and up into the rugged mountains. We transfer to the Bergen Railway at Myrdal and continue to Oslo. Later, we arrive in Norway's vibrant capital, excited to explore its cultural offerings. As you settle into your hotel, the energy of the city can be felt, and you're ready for the discoveries that lie ahead. Somehow, Norway feels like home now.

- **OVERNIGHT:** HOTEL AMERIKALINJEN
- **MEALS:** BREAKFAST
-  **EXPERIENCES:** FLÅM RAILWAY JOURNEY TO OSLO, OPEN EVENING FOR DISCOVERY

Day 5: Oslo's Double Life: Nature & Culture

Today, we take a pleasant ferry ride to Bygdøy, an island where you can explore museums like the Norwegian Folk Museum or the excellent Kon-Tiki and Fram museums. Small gems with big stories to tell. The sun shines as you wander the peninsula, steeped in local history. For a change of pace, we head to Holmenkollen, where a forest walk reveals sweeping views of Oslo. With all this green around us, it becomes hard to remember that we are in a European capital. The day wraps up with dinner, where everyone shares stories of their day, and you feel connected to both the city and your group.

- **OVERNIGHT:** HOTEL AMERIKALINJEN
- **MEALS:** BREAKFAST, DINNER
-  **EXPERIENCES:** OSLO TOUR, BYGDØY ISLAND





Mussels, Kayaks, and Swedish Bliss

Day 6: Locks, Lunch, Lakeside Luxury

We board a train to Sweden and arrive in Trollhättan, a Swedish town with scenic locks connecting the Göta River to Lake Vänern. After exploring the locks, we continue to Bohuslän for a memorable seafood lunch featuring blue mussels. You watch the chef's demonstration, admiring the freshness of the ingredients straight from the sea. So authentic and so entertaining! Arriving at our seaside hotel, you feel the coastal charm of Bohuslän, a beloved summer retreat for Swedes. You relax by the water, enjoying the peaceful atmosphere. And deep down, secretly, you feel a bit Swedish yourself.

- **OVERNIGHT:** GULLMARSSTRAND HOTEL
- **MEALS:** BREAKFAST, LUNCH
- **EXPERIENCES:** SCENIC TRAIN TO SWEDEN, COOKING INSTRUCTION & LUNCH

Day 7: Kayak, Swim, or Stroll into Sweden's Soul

You wake up excited for a day of adventure. Some of us head out for kayaking, gliding silently across the calm waters as birds fly overhead. Others opt for a picturesque walk on Skaftö island, wandering through quaint hamlets and pausing for a swim. Yes, a swim! A few explore Lysekil, an old sea resort full of history and charm. Very local kind of thing. After a day filled with fresh air and beautiful landscapes, we return to the hotel for a quiet evening by the sea. Happiness is in the air. Sweden is wonderful.

- **OVERNIGHT:** GULLMARSSTRAND HOTEL
- **MEALS:** BREAKFAST, DINNER
- **EXPERIENCES:** LYSEKIL TOUR AND FERRY, OR SKAFTÖ ISLAND SCENIC HIKE





Grand Farewell: Wine, Waves, Royalty

Day 8: City to Vine: A Swedish Wine Surprise

We bid farewell to the coast and head to Gothenburg, Sweden's second-largest city. A guided tour reveals the city's blend of history and innovation from the market hall to the leafy Avenue. It feels like being in the past and the future... at the same time. Later, we visit a serene vineyard in Skåne where we taste organic wines among the vines. You savor the sparkling Solaris, the vineyard's pride, while learning about sustainable winemaking. As we reach Helsingborg, you feel (very) relaxed and inspired by the day's discoveries.

- **OVERNIGHT:** CLARION HOTEL SEA U
- **MEALS:** BREAKFAST, DINNER
-  **EXPERIENCES:** GOTHENBURG TOUR, VINEYARD STROLL, WINE TASTING & DINNER

Day 9: Helsingborg: Castles or Coastlines, Your Way

In Helsingborg, the day is yours to shape. You may choose to join a guided walking tour to Kärnan, the city's medieval fortress, where a climb to the top rewards you with sweeping views across rooftops and the sea. Or, hop on a bike for a scenic ride along Helsingborg's coastline, passing charming neighborhoods and breezy waterfront paths. Both options offer a rich glimpse into the city's culture and beauty. No matter how you explore, it's one of those days that stays with you.

- **OVERNIGHT:** CLARION HOTEL SEA U
- **MEALS:** BREAKFAST
-  **EXPERIENCES:** HELSINGBORG TOUR TO KÄR NAN, OR HELSINGBORG BIKE TOUR



Day 10: Royals, Craftsmen, Fishermen

We explore the Kullabygden peninsula, with its quaint fishing villages and sweeping coastal views. You enjoy a visit to Höganäs, known for its ceramics, and Mölle, an old seaside resort with a timeless charm. The nature reserve at Kullaberg offers breathtaking views, and you climb to the lighthouse, Scandinavia's highest. The day ends with a serene stroll through Sofiero Castle's gardens, and you marvel at the royal history and the vibrant flowers in bloom. Beauty is everywhere you look.

- **OVERNIGHT:** CLARION HOTEL SEA U
- **MEALS:** BREAKFAST, LUNCH
-  **EXPERIENCES:** KULLABERG NATURE RESERVE, SOFIERO CASTLE, FAREWELL LUNCH

Day 11: Goodbye, Scandinavian-Style

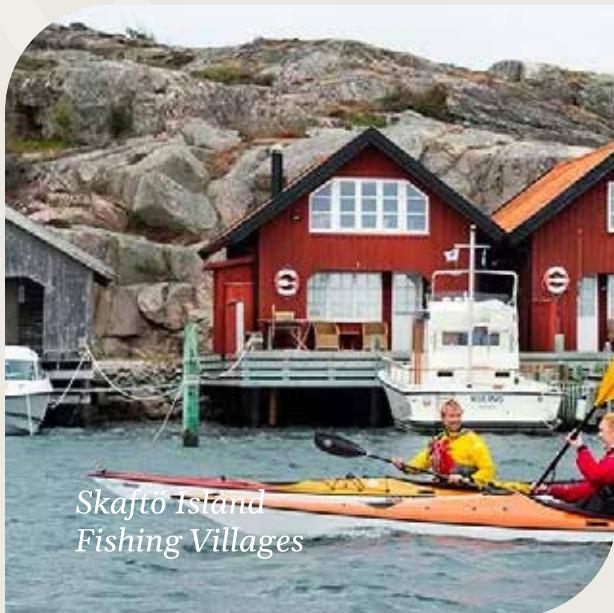
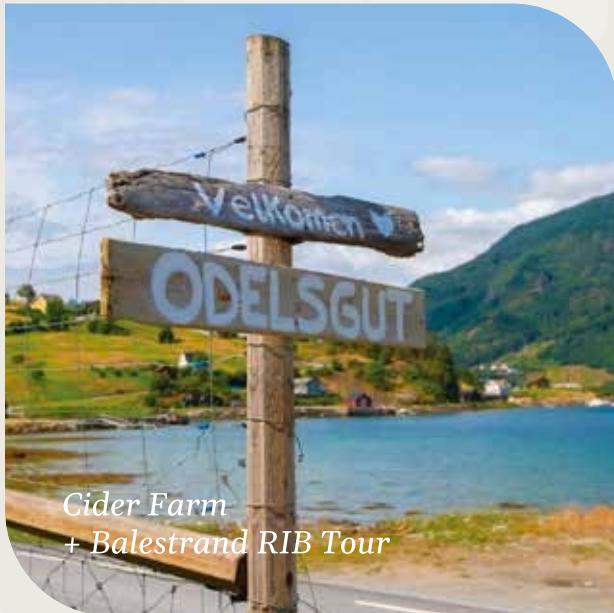
Our Norwegian-Swedish adventure comes to a close today. Over breakfast, you reflect on the unforgettable experiences and the bonds formed with fellow travelers. You talk about where you will travel next, possibly together again. Whether you choose to stay in Helsingborg for a little longer or head home, you carry with you memories of stunning landscapes, rich history, and newfound friends. You know you will be back!

- **MEALS:** BREAKFAST



Discover Our Signature Experiences

Many of our experiences are not found in tours offered by others. We go for *authentic* while others go for *popular*. Those are gems and gems are our signature. And even what you do find elsewhere becomes *unique* when sprinkled with SilverOpus twists.



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Stay



Opus XVI, a luxury hotel in the heart of Bergen, offers a refined mix of history and modernity. Located near Bryggen Wharf, this boutique hotel boasts personalized service, elegant interiors, and an excellent location for exploring the city.

Enjoy Dreamy & Luxurious Stays



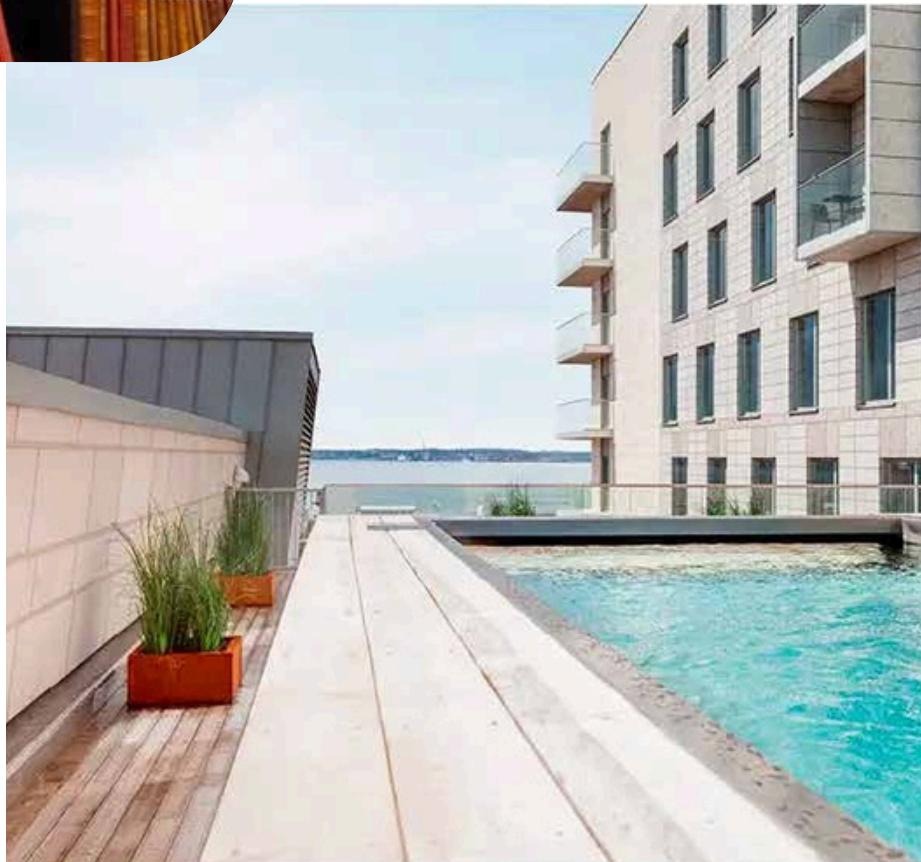
Perched on the shores of the majestic Sognefjord, *Kviknes Hotel* is a historic gem with breathtaking views.

Nestled in Oslo's vibrant city center, stylish *Hotel Amerikalinjen* combines Scandinavian design with timeless elegance.



In Helsingborg, *Clarion Hotel Sea U* offers sleek modern comfort with sea views that inspire relaxation.

Gullmarsstrand Hotel sits right by the sea in Bohuslän, offering guests a tranquil seaside escape with stunning views and spa amenities. Perfect for nature lovers, the hotel is ideal for exploring Sweden's west coast or simply unwinding by the water.



Eat



Experience a 
Taste of Scandinavia

Savor authentic, high-quality meals featuring
hyper-local, seasonal menus.

The SilverOpus Group Experience: Reimagined for Excellence & Authenticity



Group Size & Tour Directors

Each of our departures is restricted to a maximum of 14 travelers, which guarantees a meaningful and intimate experience for all. Why such small groups? Because they are perfect for camaraderie to flourish. Laugh, exchange ideas, discover, talk, learn. Together. You are among friends. Old and new.

Leading each departure, you will always find someone who does two things very well: 1) they are masters at sharing their knowledge and passion for the destination. Great storytellers. 2) They have the gift of taking care of people, ensuring that they feel comfortable, happy, and safe. Caring leaders.

We are fully aware that at the heart of every outstanding travel experience is a great Tour Director, so we invest heavily in the people we hire to lead our programs. Our tribe deserves them!

Tribal Travel

First and foremost, we build experiences for sophisticated, curious and adventurous travelers ages 50 plus. That is our tribe. We have a solid understanding of what our tribe wants, how they expect to discover the world, so we build adventures around that knowledge.



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Local Tour Guides

In every village, town, and city visited in our programs live a few unique guys and gals who really, really, really love that town. They love it so much that they could talk about it all day long. They are entertaining, warm, and immensely proud of the culture, history, food, and people they represent. Those are the guys and gals we pick for our local tours and excursions. Excellent people. Beautiful people whose words and passion become souvenirs that our travelers carry with them for the rest of their lives.

Itinerary Design

There are a few cornerstones present in every program we design. Nothing is by accident. Balance is paramount. A strong itinerary covers some of the destinations' famous attractions, but, most importantly, it must give you the opportunity to be with the locals. Walk the streets and see the houses, and understand how people live there. Reflect. The final touch in the recipe is some open time, so you can roam around a bit and find your own favorite corners. Favorite memories, after all, are personal.



Hotels, Activities, Transportation & Meals

Hotels are more than just places to stay—they're key to your journey. Each property is chosen to ensure you feel like a guest of honor through ambiance, comfort, and exceptional service. Authenticity matters. All our group programs include daily breakfast and several meals, letting you savor fresh, local dishes prepared with traditional care. We balance luxury vehicles with local transport—trains, boats, and flights—to optimize comfort and sightseeing time. You'll spend your days exploring, not stuck in transit. Sustainability is at the heart of our choices, and we respect each destination we visit. To fully immerse yourself, every experience engages your senses. Each day unfolds differently, tailored to your fitness level, ensuring participation and personalization throughout your journey.



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Absolute, 24/7 Support

Airplanes are the safest way to travel because of their redundant safety systems. We shamelessly copied that idea in what we do (why not?). If you need anything while traveling, your Tour Director is right there to assist you. Moreover, we have a network of suppliers at each destination, ready to work for you. And over here, in the USA, we have a team of highly-qualified professionals at your disposal before, during and after your travels. No question goes unanswered and no request is ignored. We do what it takes to give you absolute support.



The Final Quality Test

Before any new program is made available to our tribe, it must be approved by the founder and owner of SilverOpus: a tough-to-please engineer with sky-high expectations. Our tour designers, all of the highest caliber, know that they will be faced with one question: “Would you take your spouse/family/friends on this adventure?” If the answer is not a ground-shaking “yes!!”, then the program returns to the drawing board, immediately.



Program Essentials

11 DAYS / 10 NIGHTS

TOUR DETAILS:

Tour starts: Bergen, Norway - Hotel Opus XVI lobby - 2:00 PM

Tour ends: Helsingborg, Sweden - Clarion Hotel Sea U - after breakfast

Trip length: 11 Days / 10 Nights

Trip overview: Bergen (1 night), Balestrand (2 nights), Oslo (2 nights), Fiskebäckskil (2 nights), Helsingborg (3 nights)

WHAT'S INCLUDED:

- 10 nights at  handpicked luxury accommodations
- 18 authentic dining experiences (10 breakfasts, 2 lunches and 6 dinners)
- Guidance of an expert Tour Director throughout the entire journey
-  signature experiences and locally guided activities as noted in the daily itinerary
- Top-of-the-line transportation connecting your locations in Norway and Sweden
- Fjord Nutshell® Tour with scenic train ride and fjord cruise connecting Bergen and Oslo
- Scenic train ride from Oslo, Norway to Trollhättan, Sweden
- 24/7 support while traveling
- Personalized, comprehensive services before, during and after your journey

CALL OR EMAIL TO BOOK:

800-936-2814 ◦ info@silveropus.com

Departures & Prices

For departure dates and pricing,
please scan the QR code or visit this link:
silveropus.com/norway-sweden-pricing



Tour prices are per person based on double occupancy.

Inquire for single rates and special rates for parties of 10 to 14 people.

*See our complete terms and conditions: silveropus.com/cancellation-policy

This document was last updated December 31, 2025.

While all information is correct at the time of publication, occasionally, details or timings may differ. Please refer to our website or speak to your Experience Specialist for the latest updates.

YOUR ADVENTURE STARTS NOW!
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